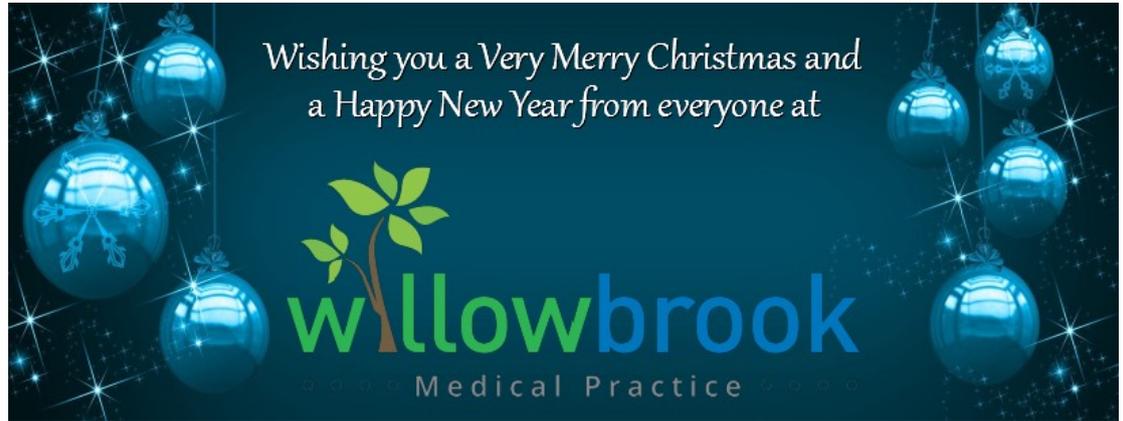




Brook Street
Sutton-in-Ashfield
Nottinghamshire
NG17 1ES
Tel 01623 440018

Website
willowbrookmp.co.uk

Facebook
@willowbrookmedical
practice



Staff joined in the fun on Friday 13th December to support Save the Children Christmas Jumper Day. **We**

beat last years total and raised

an amazing £90. There was also a sweepstake won by the admin team. Thank you to Jodie for organising the event for this very worthwhile cause.



Dr Singh receives prestigious award

Dr Singh attended The Houses of Parliament where he was officially awarded The Excellence in Primary Care Award and was named the Regional Champion for the Midlands. The ceremony was on Wednesday 13th July 2019.

Dr Singh was honoured by the President of The Royal College of General Practitioners, Professor Mayur Lakhani (pictured left). Also by Simon Stevens – The CEO of NHS England. Local MP Gloria De Piero nominated Dr Singh for this award.



Christmas & New Year Holiday Opening Hours

We are closed all day:

- * Wed 25 December
- * Thu 26 December
- * Wed 1 January 2020

We will be open as normal, 8:30 to 18:30 on all other week days.

Do you want to quit smoking?

Make it your New Year's resolution with the help of **smokefreelife** Nottinghamshire

Join the thousands of people who have used **Smokefreelife** support to help them stop smoking. Maybe you've tried to stop smoking before and it didn't work, or there are other challenges that are making it difficult for you to stop. We offer free face-to-face support, to get to know you and help you succeed in stopping smoking.

We have a clinic at the surgery every Thursday. Ask for an appointment at the 'Stop Smoking Clinic'.



Our PPG are actively seeking additional patients to join our group. These meetings are held bi-monthly at the practice on the first Monday of the odd months, from 6pm to 7.30pm. We would like to know how we can improve our service to you and how you perceive our surgery and staff. We also have a virtual patient representation group (ePPG) so you can have your say if you can't attend meetings. For more information on both groups, please visit our website: willowbrookmp.co.uk/about-us/ppg

Comings and goings

We welcome GP Registrars Drs Brooks and Sleeman, who will be at the practice until Spring 2020. We also welcome new Senior Reception Administrator, Daryl plus Diane and Andreea who joined us in September and Amber who joined in December. We have also said 'au revoir' to a few staff members over the past few months; receptionists, Joanne, Amie and Katie have all moved onto pastures new and GP Registrars Drs Green and Sheikh have gone to their next placement for more doctor training.



Cervical Screening Saves Lives

You may have seen in the news recently that cervical screening (formerly called the smear test) has reached a 20-year low, with **one in four** women in the UK not attending their cervical screening.

Around 2,600 women are diagnosed with cervical cancer in England each year and around 690 women die from the disease. It is estimated that if everyone attended screening regularly, 83% of cervical cancer cases could be prevented.

Women aged 25 to 64 who are registered with a GP are automatically invited for cervical screening. This includes women who have had the HPV vaccination, as the vaccine doesn't protect against all types of HPV linked to cervical cancer so it doesn't guarantee complete protection against cervical cancer.

Cervical screening isn't a test for cancer, it's a test to check the health of the cells of the cervix. Most women's test results show that everything is normal, but for around 1 in 20 women the test shows some abnormal changes in the cells of the cervix.

Most of these changes won't lead to cervical cancer and the cells may go back to normal on their own. But in some cases, the abnormal cells need to be removed so they can't become cancerous.

We hold dedicated cervical screening clinics at Willowbrook every Friday from 1.30 to 2.30pm. Please call us to make an appointment. You can also book to see a nurse if you cannot make this time.

If you would like more information about cervical screening, visit the NHS website below, or make an appointment to see one of our practice nurses if you have any worries or concerns about how the test is carried out.

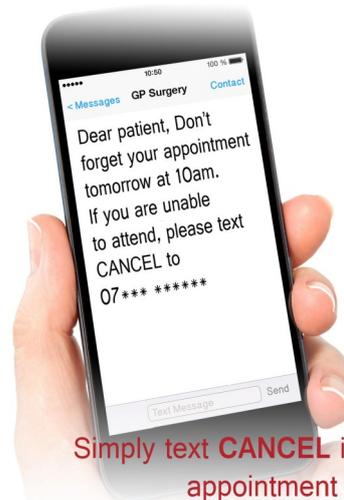
nhs.uk/cervicalscreening

Salaried GP, Dr Berhanu, sadly left Willowbrook on Thursday November 28th. She was presented with flowers and gifts from the staff and doctors.



Martha worked at the practice for two years & will be missed by staff and patients alike. We are all very grateful for her contribution and wish her the very best in her future endeavours.

Unable to keep your appointment?



Simply text **CANCEL** in response to your appointment reminder!

Please help us by letting another patient have your appointment if you cannot use it.

For more information about how you can cancel* your appointment please ask at reception.

*Let us know at least 3 hours before your appointment.